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| **East Asia** | | | |
| **Empire** | **Beginning** | **Ending** | **Reason for decline** |
| Xia/Shang/Zhou | 2200 BCE | 256 BCE | Unknown (Qin burned books) |
| Qin | 221 BCE | 207 BCE | Revolts |
| Han | 206 BCE | 220 CE | Economic decline, Yellow Turban Rebellion, C.Asian invasion |
| Warring States | 220 CE | 589 CE | Sui rulers defeated local warlords |
| Sui | 589 CE | 618 CE | Forced labor led to rebellions, failed invasion of Korea |
| Tang | 618 CE | 907 CE | Poor leadership, army rebellion, Uighur invasion |
| Song | 960 CE | 1279 | Defeated by the Mongols (Yuan), lowered status of military |
| Yuan | 1279 | 1368 | Rejection of Confucianism, Mongols imported foreign officials, inflation, civil wars, Bubonic Plague |
| Ming | 1368 | 1644 | Famines, local rebellions, Manchurian invasion, |
| Qing | 1644 | 1911 | Nationalist movements (KMT) |
| European Imperial Colonies | 1830s | 1930s | Japanese invasion drove out Europeans |
| Republic | 1912 | 1949 | Defeated by the Communists (Mao) |
| Communism | 1949 | Present | N/A |

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| **South Asia** | | | |
| **Empire** | **Beginning** | **Ending** | **Reason for decline** |
| Harappa (Indus River Valley) | 2500 BCE | 1500 BCE | Climate change, drought, Indus River moved |
| Mauryan | 321 BCE | 185 BCE | Economic decline, local rebellions |
| Gupta | 320 CE | 550 CE | Hun invasions, local rebellions |
| Mughal | 1526 | 1858 | Weak leaders, Hindu revolts, military weakness, British imperialism |
| British Raj | 1858 | 1947 | Gandhi, Home Rule movement |
| India/Pakistan | 1947 | Present | N/A |

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| **Middle East** | | | |
| **Empire** | **Beginning** | **Ending** | **Reason for decline** |
| Mesopotamia | 3000 BCE | 2000 BCE | Military defeats |
| Babylonia | 1800 BCE | 600 BCE | Military defeats |
| Egypt | 3000 BCE | 1070 BCE | Military defeats |
| Persia | 558 BCE | 651 CE | Arab invasions |
| Umayyad | 661 CE | 750 CE | Persian rebellion |
| Abbasid | 750 CE | 1258 | Turkish control of the military |
| Ilkhanate | 1258 | 1335 | Economic decline (inflation), Mongols assimilated |
| Ottoman | 1289 | 1923 | Economic weakness, military decline, WWI (losing side), Atatürk creating a Turkish state |
| Modern States | 1920s | Present | N/A |

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| **Mesoamerica** | | | | | | | | | | |
| **Empire** | | **Beginning** | | | **Ending** | | | **Reason for decline** | | |
| Olmecs | | 1200 BCE | | | 100 BCE | | | Unknown | | |
| Maya | | 100 BCE | | | 800s CE | | | Climate change, civil war, declining agricultural production | | |
| Teotihuacan | | 200 BCE | | | 750 CE | | | Unknown | | |
| Toltecs | | 950 CE | | | 1150 | | | Civil war, foreign invasions | | |
| Aztecs/Mexica | | 1350s | | | 1520 | | | Defeated by Spanish, diseases (Cortes) | | |
| Spanish Rule | | 1520s | | | 1830s | | | Revolutions | | |
| Modern States | | 1830s | | | Present | | | N/A | | |
| **Andes Mountains (South America)** | | | | | | | | | | |
| **Empire** | | **Beginning** | | | **Ending** | | | **Reason for decline** | | |
| Chavín | | 1000 BCE | | | 300 BCE | | | Unknown | | |
| Inca | | 1471 | | | 1532 | | | Defeated by Spanish, diseases (Pizzaro) | | |
| Spanish Rule | | 1530s | | | 1830s | | | Revolutions (Bolivar, O’Higgins) | | |
| Modern States | | 1830s | | | Present | | | N/A | | |
| **West Africa** | | | | | | | | | | |
| **Empire** | **Beginning** | | | **Ending** | | | **Reason for decline** | | | |
| Ghana | 1000s | | | 1200s | | | Invasions from North African Muslims | | | |
| Mali | 1200s | | | 1400s | | | Defeated by Songhay | | | |
| Songhay | 1490s | | | 1590s | | | Invasion by North African Muslims, local rebellions | | | |
| French Rule | 1800s | | | 1960s | | | Granted independence | | | |
| Modern states | 1960s | | | Present | | | N/A | | | |
| **North Africa** | | | | | | | | | | |
| **Empire** | | **Beginning** | | | **Ending** | | | | **Reason for decline** | |
| Egypt | | 3000 BCE | | | 300s BCE | | | | Defeated by Alexander | |
| Greek Rule | | 300s | | | 150 BCE | | | | Defeated by Romans | |
| Roman Rule | | 150 BCE | | | 476 CE | | | | Collapse of the Roman Empire | |
| Arab Rule | | 650s CE | | | 1000s | | | | Turks took control of the Abbasid military | |
| Turkish Rule | | 1000s | | | 1900s | | | | Egyptian rebellion (led by Muhammad Ali) | |
| French Rule | | 1830 | | | 1963 | | | | Algerian Revolution, Morocco and Tunisia granted indep. | |
| British Rule | | 1922 | | | 1956 | | | | Military uprising (led by Nasser) | |
| Modern States | | 1950s | | | Present | | | | N/A | |
| **Europe** | | | | | | | | | | |
| **Empire** | | | **Beginning** | | | **Ending** | | | | **Reason for decline** |
| Greece/Hellas | | | 800 BCE | | | 350 BCE | | | | Defeated by Rome |
| Republican Rome | | | 509 BCE | | | 44 BCE | | | | Julius Caesar’s dictatorship |
| Imperial Rome | | | 27 BCE | | | 476 BCE | | | | Invasions, civil wars, economic decline, diseases |
| Byzantine | | | 300s CE | | | 1453 | | | | Defeated by Ottoman Turks, economic decline, attacks by Italian city-states |
| Franks | | | 400s CE | | | 800s CE | | | | Local rebellions, Church more powerful |
| Regional states | | | 500s CE | | | 1500s | | | | Church more powerful than local rulers, weak economy |
| Holy Roman Empire | | | 962 CE | | | 1106 | | | | Local rebellions |
| Spanish Empire | | | 1500s | | | 1830s | | | | Economic decline, military losses to British, colonial wars of independence |
| British Empire | | | 1600s | | | 1950s | | | | Economic decline, colonial wars of independence |
| Portuguese Empire | | | 1500s | | | 1970s | | | | Defeated by Napoleon, colonial wars of independence |
| Russia | | | 900s | | | Present | | | | Communist period (1917-1989) |
| France | | | 800s | | | Present | | | | N/A |
| Germany | | | 1870s | | | Present | | | | N/A |
| Great Britain/UK | | | 1066 | | | Present | | | | N/A |